MORE THAN 1 IN 4 MARRIED WOMEN IN THE SUB-SAHARAN AFRICA WANT TO AVOID PREGNANCY AND ARE NOT USING CONTRACEPTIVES

WHY AREN’T THEY?

- **28%** are concerned about side effects or health risks
- **19%** say they have sex infrequently
- **19%** are postpartum or breast-feeding
- **8%** lack access

**SENEGAL**
- **UNMET NEED FOR CONTRACEPTION: 30%**
- **25%** are postpartum or breast-feeding

**UGANDA**
- **UNMET NEED FOR CONTRACEPTION: 34%**
- **36%** are concerned about side effects or health risks

**CAMEROON**
- **UNMET NEED FOR CONTRACEPTION: 24%**
- **29%** say they have sex infrequently

**ZIMBABWE**
- **UNMET NEED FOR CONTRACEPTION: 15%**
- **39%** say they have sex infrequently

WOMEN NEED COUNSELING, INFORMATION AND A RANGE OF METHODS TO CHOOSE FROM

NEW CONTRACEPTIVE TECHNOLOGIES ARE NEEDED THAT BETTER MEET WOMEN’S NEEDS AND MAKE IT EASIER FOR THEM TO DECIDE WHETHER AND WHEN TO HAVE CHILDREN

These are the reasons given by married women who want to avoid getting pregnant for at least two years but aren’t using a modern or traditional method of contraception. These are regional averages; proportions may be higher or lower in specific countries.


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