

Table 4. Percentage of medical residents who would properly advise patient on selected elements of preconception care, by specialty

| Element | Internal medicine | | Family practice | |
|------------------------------------|-------------------|------|-----------------|------|
| | N | % | N | % |
| Risk reduction | | | | |
| Rubella screening and immunization | 58 | 50.4 | 12 | 42.9 |
| Family planning | 57 | 49.6 | 14 | 50.0 |
| STD and safe-sex counseling | 73 | 63.5 | 9 | 32.1 |
| Health promotion | | | | |
| Stop smoking | 84 | 73.0 | 17 | 60.7 |
| Congenital anomalies | 28 | 24.3 | 9 | 32.1 |
| Medication use | | | | |
| Discontinue oral hypoglycemic | 64 | 55.7 | 15 | 53.6 |
| Change hypertension medications | 41 | 35.7 | 18 | 64.3 |