

Table 3. Mean change in self-efficacy and in behavioral intentions among students in treatment and control groups, by type of intervention and setting, according to length of follow-up

Variable	Youth-led				Adult-led											
	Classroom				Classroom				School				Community			
	Treat-ment	Con-trol	p	N	Treat-ment	Con-trol	p	N	Treat-ment	Con-trol	p	N	Treat-ment	Con-trol	p	N
SELF-EFFICACY																
Saying no to sex																
3 months	.011	-.034	.218	1,537	.046	-.048	.003*	2,243	na	na	na	na	na	na	na	na
17 months	-.115	-.035	.100	1,265	.008	-.054	.116	1,939	-.046	-.061	.609	3,494	.048	.080	.738	334
Affection without sex																
3 months	-.026	-.065	.357	1,825	-.029	-.039	.756	2,617	na	na	na	na	na	na	na	na
17 months	-.023	-.037	.774	1,504	-.005	-.056	.193	2,254	-.017	-.026	.764	3,708	.047	.082	.738	361
BEHAVIORAL INTENTIONS																
Have set sexual limits																
3 months	.057	.042	.607	1,584	.027	.062	.132	2,289	na	na	na	na	na	na	na	na
17 months	.089	.105	.645	1,264	.108	.105	.900	1,967	.107	.095	.579	3,364	.052	.075	.738	332
Sexual feelings would lead to sex																
3 months	-.038	-.160	.007*	1,910	-.070	-.129	.120	2,731	na	na	na	na	na	na	na	na
17 months	-.317	-.270	.440	1,574	-.215	-.245	.534	2,339	-.299	-.277	.565	3,823	-.117	-.147	.801	381
Sexual pressure would lead to sex																
3 months	-.089	-.184	.026	1,918	-.051	-.165	.001*	2,739	na	na	na	na	na	na	na	na
17 months	-.310	-.244	.242	1,577	-.246	-.229	.697	2,348	-.299	-.255	.201	3,825	-.036	-.151	.293	382
Sexual pressure from boyfriend/girlfriend would not lead to sex																
3 months	-.053	-.021	.580	1,599	.014	-.036	.301	2,296	na	na	na	na	na	na	na	na
17 months	-.122	-.008	.127	1,328	-.063	.004	.249	1,979	-.098	-.082	.722	3,387	.087	-.073	.221	337
Have decided to postpone sex†																
% at 17 months	62.2	63.0	.768	1,197	66.4	63.1	.150	1,782	61.3	63.4	.253	2,829	71.3	67.5	.457	330
Have decided to postpone further sex‡																
% at 17 months	23.1	20.6	.551	396	20.9	22.6	.641	590	21.3	18.6	.288	1,016	34.5	33.3	.930	53

*Difference between treatment and control group is significant. †Among all youths not sexually experienced at 17-month follow-up. ‡Among youths sexually experienced at 17-month follow-up.