

**TABLE 3. Among women who switched or stopped, percentage who reported selected reactions to contraceptive side effects, by side effect 2006–2007**

Reaction	Headache		Amenorrhea		Heavy Bleeding	
	Switched (N=36)	Stopped (N=46)	Switched (N=22)	Stopped (N=44)	Switched (N=36)	Stopped (N=28)
Side effects interfered with daily activities	66.7	71.7	59.1	43.2	75.0	75.0
Side effects interfered with relationship with partner	41.7	47.8	27.3	20.5	72.2	71.4
Self-medicated or took home remedies	36.1†	56.5	13.6†	34.1	19.4	21.4
Sought help from clinic or health worker	58.3	45.7	63.6*	36.4	72.2	57.1
Discussed side effects with ≥ 2 people	94.4	89.1	95.5†	79.6	100.0*	85.7
Discussed side effects with partner	69.4	63.0	68.2	50.0	80.6**	46.4
Discussed side effects with family members	33.3	43.5	40.9	31.8	38.9	42.9
Discussed side effects with friends	19.4	15.2	9.1	9.1	19.4	25.0
Discussed discontinuing baseline method with partner before doing so	88.9*	69.6	90.9	77.3	97.2**	67.9

\*p&lt;.05.\*\*p&lt;.01.†p&lt;0.1.