

TABLE 1. Items for independent variables measuring five dimensions of relationship quality

Variable	Item	Likert scale range/item
Commitment Subscale	I expect my love for my current partner to last for the rest of my life	1–9
	I view my relationship with my current partner as permanent	
	I am committed to maintaining my relationship with my current partner	
	I have confidence in the stability of my relationship with my current partner	
Trust Scale	My partner is perfectly honest and truthful with me	1–7
	I feel I can trust my partner completely	
	My partner is truly sincere in his/her promises	
	My partner treats me fairly and justly	
	I feel that my partner can be counted on to help me	
Constructive Communication Subscale	We try to discuss the problem	1–10
	We express our feelings to each other	
	We suggest possible solutions and compromises	
Destructive Communication Subscale	We threaten each other with negative consequences	1–10
	I call my partner names, swear at him/her or attack his/her character	
	My partner calls me names, swears at me or attacks my character	
Satisfaction	Please rate how happy you are in your relationship	1–6