



New Measure of Self-Defined Need for Contraceptive Services in the United States, 2023—Tables and Appendix Tables

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Table Notes

All population estimates have been rounded to the nearest 10. State and population group totals, therefore, do not always sum to the national total.

TABLE 1. Total number of women aged 15–49, number who have a self-defined need for contraceptive services and supplies during the year, and number who likely need public support for contraceptive services and supplies—national summary and state detail, 2023

State	All women 15–49	Women who have a self-defined need for contraceptive services and supplies	Women who likely need public support for contraceptive services and supplies
Total	75,905,650	51,904,910	21,470,000
Alabama	1,152,620	779,000	387,580
Alaska	163,740	112,410	39,590
Arizona	1,652,730	1,131,810	490,210
Arkansas	685,030	465,580	238,620
California	9,124,970	6,154,090	2,378,420
Colorado	1,397,630	979,130	329,210
Connecticut	796,200	546,990	191,610
Delaware	220,140	147,750	58,560
District of Columbia	202,470	144,120	41,930
Florida	4,783,350	3,229,780	1,421,490
Georgia	2,630,660	1,757,900	791,940
Hawaii	301,840	195,960	68,390
Idaho	445,040	306,930	138,510
Illinois	2,857,340	1,976,300	772,540
Indiana	1,541,490	1,066,090	478,850
Iowa	698,110	485,980	213,930
Kansas	653,670	449,270	196,540
Kentucky	995,370	690,100	329,280
Louisiana	1,041,410	694,600	359,140
Maine	286,700	202,320	79,840
Maryland	1,402,620	936,980	318,800
Massachusetts	1,619,880	1,119,590	357,880
Michigan	2,182,120	1,508,920	669,320
Minnesota	1,268,830	894,740	321,410
Mississippi	670,360	453,970	256,610
Missouri	1,379,160	957,440	423,290
Montana	242,940	169,400	74,040
Nebraska	440,090	305,360	129,400
Nevada	723,100	491,400	215,070
New Hampshire	293,580	210,420	65,110
New Jersey	2,050,640	1,393,220	452,460
New Mexico	465,360	301,450	152,190
New York	4,439,100	3,052,140	1,175,240
North Carolina	2,477,250	1,689,860	753,030
North Dakota	174,620	123,340	49,580
Ohio	2,586,620	1,801,600	788,820
Oklahoma	925,050	632,000	318,460
Oregon	963,900	664,420	263,960
Pennsylvania	2,810,260	1,949,730	778,400
Rhode Island	247,590	173,220	63,420
South Carolina	1,193,280	806,090	376,560
South Dakota	194,280	135,910	59,420
Tennessee	1,623,380	1,122,900	511,870
Texas	7,339,400	4,942,320	2,173,540
Utah	856,290	602,980	234,870
Vermont	138,360	98,580	39,200
Virginia	1,991,260	1,361,810	492,790
Washington	1,803,750	1,249,920	426,500
West Virginia	365,960	251,540	125,150
Wisconsin	1,280,070	898,050	358,820
Wyoming	126,050	89,510	38,570

TABLE 2. Number of women aged 15-49 who likely need public support for contraceptive services and supplies, by age and income level—national and state detail, 2023

State	Women who likely need public support for contraceptive services and supplies						
	Total	By age		By poverty status, % FPL (among those 20–49)			
		<18	18–19	<100%	100–137%	138–199%	200–249%
Total	21,470,000	2,454,270	2,455,380	5,883,170	2,517,740	4,486,140	3,673,300
Alabama	387,580	37,090	39,940	116,170	50,820	82,600	60,960
Alaska	39,590	5,690	4,440	9,750	3,690	7,210	8,810
Arizona	490,210	54,410	56,050	127,980	56,640	107,190	87,940
Arkansas	238,620	25,130	23,970	68,280	31,380	51,940	37,920
California	2,378,420	274,500	277,460	646,810	272,750	491,950	414,950
Colorado	329,210	41,840	41,930	81,590	35,450	67,090	61,310
Connecticut	191,610	25,540	28,040	50,970	21,590	35,670	29,810
Delaware	58,560	7,340	7,620	15,430	6,340	12,310	9,520
District of Columbia	41,930	3,670	5,750	16,360	4,280	6,480	5,390
Florida	1,421,490	136,990	137,450	367,830	184,220	331,380	263,620
Georgia	791,940	84,540	80,360	219,840	101,250	174,100	131,840
Hawaii	68,390	8,140	7,900	18,320	7,070	13,270	13,700
Idaho	138,510	19,300	18,700	27,940	15,500	32,700	24,370
Illinois	772,540	94,620	91,060	212,000	86,820	156,930	131,120
Indiana	478,850	55,320	53,870	127,610	54,820	101,450	85,780
Iowa	213,930	28,090	27,800	54,180	22,820	42,290	38,750
Kansas	196,540	24,730	23,850	51,140	21,140	40,740	34,950
Kentucky	329,280	38,080	34,150	100,590	37,970	64,160	54,330
Louisiana	359,140	33,630	30,540	124,650	47,520	71,410	51,390
Maine	79,840	10,090	10,770	18,580	8,860	17,270	14,280
Maryland	318,800	41,850	40,660	83,460	34,830	66,180	51,820
Massachusetts	357,880	44,950	55,570	100,930	37,020	64,230	55,170
Michigan	669,320	73,120	75,010	187,970	77,850	140,010	115,360
Minnesota	321,410	47,670	45,090	76,520	35,750	60,140	56,230
Mississippi	256,610	25,390	26,220	79,080	34,810	53,780	37,330
Missouri	423,290	49,100	46,650	107,910	51,690	90,990	76,940
Montana	74,040	9,400	7,800	17,580	8,090	16,380	14,780
Nebraska	129,400	17,700	15,860	29,120	13,980	27,860	24,870
Nevada	215,070	22,570	19,750	57,910	25,230	47,510	42,110
New Hampshire	65,110	10,190	11,840	13,240	6,030	11,780	12,020
New Jersey	452,460	62,660	57,020	119,800	48,090	90,400	74,480
New Mexico	152,190	15,740	15,400	47,550	19,240	29,820	24,450
New York	1,175,240	128,880	139,520	371,870	134,830	223,740	176,400
North Carolina	753,030	79,410	84,390	204,920	93,250	162,790	128,280
North Dakota	49,580	6,380	7,410	12,560	5,030	8,990	9,220
Ohio	788,820	91,210	88,380	227,280	89,240	162,240	130,480
Oklahoma	318,460	33,650	34,560	91,770	39,200	65,120	54,150
Oregon	263,960	28,910	27,580	72,200	31,980	56,620	46,680
Pennsylvania	778,400	91,720	103,880	208,360	85,100	157,450	131,890
Rhode Island	63,420	7,210	10,360	17,200	6,010	13,400	9,250
South Carolina	376,560	36,840	38,600	105,430	44,890	83,980	66,820
South Dakota	59,420	8,400	7,910	14,780	5,620	12,100	10,610
Tennessee	511,870	54,430	49,680	140,210	60,450	115,650	91,450
Texas	2,173,540	239,750	224,920	597,060	272,130	471,890	367,780
Utah	234,870	34,140	31,710	48,140	23,950	48,280	48,660
Vermont	39,200	5,050	6,820	10,800	3,660	6,860	6,010
Virginia	492,790	59,630	65,550	129,150	55,100	101,420	81,940
Washington	426,500	53,830	49,800	115,680	43,490	85,560	78,140
West Virginia	125,150	12,970	13,700	39,050	15,430	25,120	18,880
Wisconsin	358,820	46,680	46,910	90,740	40,700	70,400	63,390
Wyoming	38,570	6,100	5,200	8,850	4,140	7,300	6,970

Note: FPL=federal poverty level.

TABLE 3. Number of women aged 15–49 who likely need public support for contraceptive services and supplies, by race and ethnicity, age (younger than 20), and income (aged 20–49 with family income less than 250% of the federal poverty level)—national and state detail, 2023

State	Women who likely need public support for contraceptive services and supplies								
	Non-Hispanic White			Non-Hispanic Black			Hispanic		
	Total	<20	20-49 and <250% FPL	Total	<20	20-49 and <250% FPL	Total	<20	20-49 and <250% FPL
Total	10,072,310	2,744,300	7,328,010	4,005,190	584,610	3,420,580	5,444,690	1,109,770	4,334,920
Alabama	200,220	48,360	151,870	145,770	19,420	126,350	26,640	5,920	20,730
Alaska	19,090	5,160	13,940	1,500	250	1,250	3,250	780	2,470
Arizona	186,270	49,580	136,690	32,010	5,120	26,890	213,050	43,090	169,960
Arkansas	144,000	33,320	110,680	54,170	7,360	46,810	27,620	5,640	21,980
California	554,310	159,910	394,400	169,610	25,950	143,670	1,279,950	268,590	1,011,350
Colorado	179,960	50,840	129,120	20,010	2,940	17,070	103,820	23,630	80,190
Connecticut	86,580	32,570	54,020	31,370	5,450	25,920	57,920	11,100	46,820
Delaware	25,010	7,920	17,090	19,190	3,450	15,740	10,340	2,320	8,020
District of Columbia	9,420	3,510	5,920	24,980	4,110	20,880	4,610	1,180	3,430
Florida	537,360	128,420	408,950	339,370	47,280	292,090	467,180	81,680	385,500
Georgia	297,100	79,940	217,160	335,110	50,690	284,420	109,840	22,520	87,320
Hawaii	13,530	2,460	11,070	2,040	250	1,790	9,110	2,210	6,900
Idaho	104,100	30,080	74,020	1,780	270	1,510	24,790	5,810	18,990
Illinois	344,600	102,920	241,680	175,120	23,320	151,800	192,470	44,460	148,000
Indiana	320,250	80,600	239,650	75,570	9,570	66,000	54,900	12,570	42,330
Iowa	161,320	45,340	115,970	16,470	2,070	14,400	22,550	5,220	17,340
Kansas	128,420	34,280	94,140	15,290	2,210	13,080	37,300	8,440	28,860
Kentucky	252,790	58,300	194,490	40,120	5,680	34,440	20,370	4,490	15,870
Louisiana	157,540	35,770	121,780	160,020	20,690	139,330	26,750	4,710	22,040
Maine	70,580	18,660	51,920	2,790	450	2,330	2,340	670	1,660
Maryland	110,470	37,920	72,560	122,390	23,160	99,220	56,740	12,500	44,240
Massachusetts	190,950	67,170	123,780	42,390	7,400	34,990	79,800	15,080	64,730
Michigan	422,500	106,430	316,070	143,920	17,850	126,070	54,390	12,250	42,150
Minnesota	206,130	67,370	138,750	45,140	7,290	37,850	32,020	8,160	23,860
Mississippi	106,590	28,390	78,190	131,620	19,150	112,470	10,210	2,190	8,020
Missouri	297,680	73,080	224,600	72,450	10,010	62,440	29,110	6,610	22,500
Montana	58,500	13,930	44,570	590	90	500	4,460	860	3,600
Nebraska	87,580	24,790	62,790	10,140	1,400	8,730	22,550	5,210	17,350
Nevada	69,100	15,840	53,270	30,530	3,970	26,560	84,950	16,680	68,270
New Hampshire	54,200	19,110	35,090	1,510	370	1,140	5,110	1,260	3,850
New Jersey	160,360	60,190	100,160	91,500	14,900	76,600	156,350	30,190	126,170
New Mexico	38,070	8,480	29,590	4,060	600	3,460	86,370	17,580	68,790
New York	491,450	148,640	342,810	231,910	34,970	196,950	300,890	56,270	244,620
North Carolina	361,620	93,020	268,600	219,020	33,440	185,580	119,680	24,460	95,220
North Dakota	37,020	11,170	25,850	2,600	320	2,290	3,750	720	3,020
Ohio	521,830	135,600	386,240	165,720	21,230	144,480	51,500	10,920	40,580
Oklahoma	172,550	39,190	133,350	32,640	4,500	28,140	51,520	11,110	40,400
Oregon	172,590	37,450	135,150	7,720	1,110	6,610	54,800	11,680	43,120
Pennsylvania	476,860	141,230	335,630	137,760	20,850	116,910	105,090	19,650	85,440
Rhode Island	34,790	11,540	23,250	5,670	1,150	4,520	18,000	3,410	14,580
South Carolina	182,350	45,020	137,330	140,730	19,500	121,230	36,240	6,990	29,250
South Dakota	42,170	12,620	29,550	2,050	320	1,730	3,730	870	2,860
Tennessee	315,810	72,020	243,790	123,030	16,220	106,810	50,680	10,330	40,360
Texas	602,100	167,820	434,280	364,220	54,700	309,510	1,070,770	209,150	861,620
Utah	167,570	50,480	117,090	4,110	660	3,440	45,120	10,600	34,520
Vermont	34,750	10,560	24,190	990	170	820	1,120	420	700
Virginia	241,940	72,860	169,080	131,640	22,210	109,430	71,650	16,160	55,490
Washington	236,650	60,750	175,910	26,130	3,870	22,260	93,130	21,000	72,130
West Virginia	111,090	23,860	87,230	6,220	860	5,350	3,050	830	2,220
Wisconsin	244,130	70,650	173,480	43,940	5,720	38,230	42,080	10,240	31,840
Wyoming	30,460	9,200	21,250	580	80	500	5,010	1,350	3,660

Note: FPL=federal poverty level.

TABLE 4. Total number of women aged 15–49 by age, poverty status and race/ethnicity—2023 state detail

State	All women aged 15-49												
	Total	By age				By poverty status, % of FPL (among those 20-49)					By race/ethnicity		
		<18	18–19	20–29	30–49	<100%	100–137%	138–199%	200–249%	250+%	Non-Hispanic White	Non-Hispanic Black	Hispanic
Total	75,905,650	6,479,310	4,299,530	21,526,820	43,599,980	9,254,580	3,771,730	6,753,320	5,400,500	39,946,670	40,538,340	10,557,300	16,634,860
Alabama	1,152,620	98,880	71,140	330,710	651,880	181,990	72,750	119,600	90,330	517,920	692,240	341,620	69,910
Alaska	163,740	14,070	7,340	45,270	97,060	15,720	5,940	11,770	12,540	96,360	91,600	5,260	13,240
Arizona	1,652,730	144,020	97,430	489,980	921,300	201,000	87,520	164,400	129,150	829,200	749,460	90,150	614,990
Arkansas	685,030	62,540	39,750	196,800	385,940	108,520	46,730	78,610	54,890	293,990	456,000	117,340	72,530
California	9,124,970	766,330	507,610	2,548,170	5,302,860	1,017,980	425,910	767,780	619,750	5,019,610	2,647,550	509,410	4,082,030
Colorado	1,397,630	109,860	73,270	398,610	815,890	130,200	54,990	103,810	89,700	835,810	877,910	57,630	348,250
Connecticut	796,200	68,260	49,510	222,670	455,770	81,050	32,780	53,850	44,940	465,820	448,550	99,350	177,010
Delaware	220,140	19,490	13,510	59,790	127,350	24,500	9,330	18,360	14,170	120,780	114,800	57,430	29,070
District of Columbia	202,470	9,570	10,240	66,900	115,750	23,110	5,520	8,220	7,630	138,170	84,850	75,130	22,840
Florida	4,783,350	386,720	253,910	1,306,030	2,836,690	580,430	273,340	496,770	397,140	2,395,050	2,119,130	870,000	1,497,990
Georgia	2,630,660	232,420	146,330	739,910	1,512,000	340,300	144,150	250,290	197,800	1,319,360	1,172,290	934,170	317,000
Hawaii	301,840	22,870	14,570	80,720	183,690	29,290	12,180	22,710	19,750	180,470	59,890	6,350	35,540
Idaho	445,040	45,650	30,700	122,800	245,890	45,570	24,240	51,190	34,450	213,250	345,760	3,920	69,700
Illinois	2,857,340	247,940	157,350	811,050	1,641,000	328,150	127,040	232,500	191,740	1,572,610	1,531,160	433,180	626,420
Indiana	1,541,490	138,920	90,700	450,060	861,810	201,580	81,620	152,420	123,440	752,810	1,118,810	172,410	156,570
Iowa	698,110	65,520	44,460	205,430	382,710	86,730	34,890	64,930	56,260	345,320	558,560	34,070	61,100
Kansas	653,670	61,110	40,580	192,520	359,470	81,750	32,540	63,120	50,810	323,770	458,150	38,860	103,270
Kentucky	995,370	89,140	54,320	285,290	566,620	161,910	57,050	96,290	77,300	459,350	801,930	91,210	55,030
Louisiana	1,041,410	93,800	57,200	291,000	599,410	194,730	66,310	102,240	76,850	450,280	553,430	365,000	75,820
Maine	286,700	22,830	16,500	76,970	170,400	30,380	13,810	26,700	20,640	155,830	257,070	6,930	8,520
Maryland	1,402,620	119,330	76,000	372,080	835,210	129,740	50,120	95,990	78,400	853,030	599,090	456,780	192,890
Massachusetts	1,619,880	124,000	100,320	480,660	914,910	160,960	56,960	98,660	83,050	995,930	1,029,470	135,820	251,690
Michigan	2,182,120	187,430	127,460	638,710	1,228,520	293,080	114,320	206,710	164,780	1,088,330	1,518,090	332,070	158,450
Minnesota	1,268,830	114,790	73,840	351,870	728,320	118,510	54,220	91,050	81,850	734,550	917,720	111,960	96,810
Mississippi	670,360	61,550	42,670	190,800	375,340	121,850	48,480	75,700	55,460	264,650	343,070	278,480	26,240
Missouri	1,379,160	121,580	77,040	395,350	785,190	170,900	76,370	135,520	109,740	688,010	1,032,600	176,880	84,720
Montana	242,940	21,440	12,240	69,820	139,430	28,590	12,510	25,760	20,970	121,430	200,170	1,460	13,430
Nebraska	440,090	42,520	25,900	129,220	242,450	46,710	21,510	42,730	36,220	224,500	322,030	24,110	63,320
Nevada	723,100	60,470	34,570	195,810	432,250	90,340	38,320	72,610	62,050	364,740	278,670	78,620	250,640
New Hampshire	293,580	22,960	17,870	82,380	170,370	21,760	9,290	18,240	17,870	185,600	251,580	5,420	17,740
New Jersey	2,050,640	179,200	105,970	555,480	1,209,980	191,870	73,700	136,790	111,470	1,251,630	946,790	294,780	519,840
New Mexico	465,360	42,750	27,850	133,390	261,370	78,790	31,560	48,240	37,660	198,500	137,650	9,340	249,040
New York	4,439,100	343,520	244,330	1,298,310	2,552,930	575,290	200,460	333,750	256,710	2,485,040	2,212,410	677,730	952,710
North Carolina	2,477,250	207,510	146,380	705,210	1,418,140	321,750	136,410	239,250	188,460	1,237,480	1,387,910	571,960	319,890
North Dakota	174,620	14,740	12,070	55,000	92,820	19,720	7,750	13,880	13,270	93,200	140,190	6,970	9,290
Ohio	2,586,620	227,620	146,670	737,100	1,475,220	354,720	129,170	238,920	187,600	1,301,900	1,900,180	371,760	146,180
Oklahoma	925,050	82,230	56,420	267,860	518,530	143,690	60,130	100,240	76,630	405,710	546,690	74,010	131,140
Oregon	963,900	75,730	48,320	264,300	575,540	116,210	49,810	88,220	68,510	517,100	658,890	21,260	168,030
Pennsylvania	2,810,260	236,690	177,290	785,860	1,610,420	327,970	125,830	235,010	191,400	1,516,060	1,950,730	348,430	296,860
Rhode Island	247,590	18,680	17,490	72,130	139,290	26,740	9,100	20,320	13,730	141,530	158,830	18,090	50,640
South Carolina	1,193,280	102,000	71,180	333,160	686,940	165,540	64,540	121,880	98,660	569,480	699,190	335,690	98,910
South Dakota	194,280	18,550	11,970	56,210	107,550	23,690	8,840	19,020	15,050	97,170	150,340	5,160	10,730
Tennessee	1,623,380	138,760	84,090	471,410	929,110	220,050	88,990	168,350	131,210	791,940	1,115,720	293,310	134,320
Texas	7,339,400	660,870	411,960	2,089,930	4,176,650	939,520	413,150	716,430	551,420	3,646,060	2,586,580	1,013,490	3,108,410
Utah	856,290	85,220	53,080	269,050	448,950	75,960	36,790	74,420	67,840	462,990	639,070	10,250	141,270
Vermont	138,360	10,450	9,820	39,570	78,510	17,290	5,530	10,600	8,650	76,020	123,000	2,360	4,940
Virginia	1,991,260	160,920	117,240	557,340	1,155,760	202,390	80,670	150,240	120,550	1,159,250	1,094,070	402,530	252,300
Washington	1,803,750	141,630	86,860	496,810	1,078,460	184,550	68,110	133,760	114,330	1,074,510	1,064,220	79,720	298,410
West Virginia	365,960	30,770	21,930	103,430	209,830	64,130	23,510	38,570	26,760	160,290	329,340	13,660	9,920
Wisconsin	1,280,070	113,300	76,940	373,360	716,460	142,980	60,390	105,560	91,080	689,810	962,700	94,540	124,180
Wyoming	126,050	12,150	7,350	34,550	72,000	14,360	6,550	11,380	9,830	64,440	102,230	1,250	15,090

Notes: Racial and ethnic group totals do not sum to the overall total because the group of women reporting other or multiple races is not shown separately, although it is included in the overall total. FPL=federal poverty level.

TABLE 5. Total number of women aged 15–49 who have a self-defined need for contraceptive services and supplies, by age, poverty status and race/ethnicity—national and state detail, 2023

State	Women who have a self-defined need for contraceptive services and supplies												
	Total	By age				By poverty status, % FPL (among those 20-49)					By race/ethnicity		
		<18	18–19	20–29	30–49	<100%	100–137%	138–199%	200–249%	250+%	Non-Hispanic White	Non-Hispanic Black	Hispanic
Total	51,904,910	2,454,270	2,455,380	16,370,090	30,625,170	5,883,170	2,517,740	4,486,140	3,673,300	30,434,910	29,225,370	6,741,370	10,662,620
% of all women	68%	38%	57%	76%	70%	64%	67%	66%	68%	76%	72%	64%	64%
Alabama	779,000	37,090	39,940	249,900	452,070	116,170	50,820	82,600	60,960	391,420	489,910	215,830	42,830
Alaska	112,410	5,690	4,440	33,810	68,470	9,750	3,690	7,210	8,810	72,820	66,780	3,270	8,760
Arizona	1,131,810	54,410	56,050	374,480	646,860	127,980	56,640	107,190	87,940	641,600	548,960	58,350	398,710
Arkansas	465,580	25,130	23,970	148,130	268,350	68,280	31,380	51,940	37,920	226,950	321,610	74,550	44,950
California	6,154,090	274,500	277,460	1,926,590	3,675,540	646,810	272,750	491,950	414,950	3,775,670	1,942,360	329,510	2,644,750
Colorado	979,130	41,840	41,930	305,690	589,660	81,590	35,450	67,090	61,310	649,920	643,430	36,980	225,320
Connecticut	546,990	25,540	28,040	170,790	322,630	50,970	21,590	35,670	29,810	355,380	327,290	62,190	111,340
Delaware	147,750	7,340	7,620	44,810	87,980	15,430	6,340	12,310	9,520	89,190	82,520	35,540	17,920
District of Columbia	144,120	3,670	5,750	52,670	82,030	16,360	4,280	6,480	5,390	102,190	65,860	49,300	15,830
Florida	3,229,780	136,990	137,450	993,290	1,962,050	367,830	184,220	331,380	263,620	1,808,290	1,514,200	555,370	971,210
Georgia	1,757,900	84,540	80,360	557,420	1,035,580	219,840	101,250	174,100	131,840	965,960	841,360	586,350	197,480
Hawaii	195,960	8,140	7,900	57,660	122,270	18,320	7,070	13,270	13,700	127,570	43,310	3,930	23,270
Idaho	306,930	19,300	18,700	92,970	175,970	27,940	15,500	32,700	24,370	168,420	244,400	2,410	43,790
Illinois	1,976,300	94,620	91,060	623,940	1,166,690	212,000	86,820	156,930	131,120	1,203,760	1,114,800	282,490	405,290
Indiana	1,066,090	55,320	53,870	343,800	613,100	127,610	54,820	101,450	85,780	587,240	797,350	111,090	98,480
Iowa	485,980	28,090	27,800	155,060	275,030	54,180	22,820	42,290	38,750	272,050	398,490	21,560	38,240
Kansas	449,270	24,730	23,850	144,430	256,260	51,140	21,140	40,740	34,950	252,730	327,110	23,930	64,570
Kentucky	690,100	38,080	34,150	217,070	400,800	100,590	37,970	64,160	54,330	360,820	567,140	59,250	34,210
Louisiana	694,600	33,630	30,540	218,440	412,000	124,650	47,520	71,410	51,390	335,460	388,870	229,870	46,850
Maine	202,320	10,090	10,770	58,810	122,660	18,580	8,860	17,270	14,280	122,480	183,670	4,230	5,640
Maryland	936,980	41,850	40,660	278,880	575,590	83,460	34,830	66,180	51,820	618,180	435,080	282,170	122,000
Massachusetts	1,119,590	44,950	55,570	367,380	651,700	100,930	37,020	64,230	55,170	761,720	745,830	84,660	158,920
Michigan	1,508,920	73,120	75,010	488,020	872,770	187,970	77,850	140,010	115,360	839,590	1,082,310	215,900	101,140
Minnesota	894,740	47,670	45,090	272,080	529,900	76,520	35,750	60,140	56,230	573,330	672,100	70,310	62,030
Mississippi	453,970	25,390	26,220	144,750	257,610	79,080	34,810	53,780	37,330	197,360	245,160	178,740	16,030
Missouri	957,440	49,100	46,650	302,310	559,370	107,910	51,690	90,990	76,940	534,140	735,780	113,810	54,070
Montana	169,400	9,400	7,800	52,220	99,980	17,580	8,090	16,380	14,780	95,360	142,880	920	8,610
Nebraska	305,360	17,700	15,860	97,460	174,340	29,120	13,980	27,860	24,870	175,960	231,510	15,080	39,660
Nevada	491,400	22,570	19,750	149,170	299,910	57,910	25,230	47,510	42,110	276,320	202,820	51,480	162,400
New Hampshire	210,420	10,190	11,840	63,810	124,580	13,240	6,030	11,780	12,020	145,300	183,620	3,270	11,460
New Jersey	1,393,220	62,660	57,020	422,640	850,900	119,800	48,090	90,400	74,480	940,760	688,670	185,090	330,240
New Mexico	301,450	15,740	15,400	96,290	174,020	47,550	19,240	29,820	24,450	149,260	97,540	6,010	156,140
New York	3,052,140	128,880	139,520	994,740	1,789,000	371,870	134,830	223,740	176,400	1,876,910	1,606,820	438,510	616,680
North Carolina	1,689,860	79,410	84,390	536,140	989,920	204,920	93,250	162,790	128,280	936,830	1,000,420	363,620	199,360
North Dakota	123,340	6,380	7,410	41,920	67,630	12,560	5,030	8,990	9,220	73,750	101,620	4,300	5,910
Ohio	1,801,600	91,210	88,380	567,860	1,054,150	227,280	89,240	162,240	130,480	1,012,780	1,360,770	241,900	92,440
Oklahoma	632,000	33,650	34,560	200,710	363,070	91,770	39,200	65,120	54,150	313,540	390,430	48,410	82,750
Oregon	664,420	28,910	27,580	199,130	408,800	72,200	31,980	56,620	46,680	400,450	470,160	13,490	107,150
Pennsylvania	1,949,730	91,720	103,880	604,650	1,149,490	208,360	85,100	157,450	131,890	1,171,330	1,402,930	225,200	185,370
Rhode Island	173,220	7,210	10,360	55,840	99,800	17,200	6,010	13,400	9,250	109,790	116,090	11,550	32,890
South Carolina	806,090	36,840	38,600	252,250	478,410	105,430	44,890	83,980	66,820	429,540	496,860	211,470	60,710
South Dakota	135,910	8,400	7,910	42,180	77,420	14,780	5,620	12,100	10,610	76,490	109,070	3,170	6,850
Tennessee	1,122,900	54,430	49,680	362,490	656,300	140,210	60,450	115,650	91,450	611,030	796,740	191,670	83,630
Texas	4,942,320	239,750	224,920	1,577,920	2,899,730	597,060	272,130	471,890	367,780	2,768,770	1,888,560	652,700	1,983,790
Utah	602,980	34,140	31,710	208,930	328,200	48,140	23,950	48,280	48,660	368,100	462,320	6,520	91,380
Vermont	98,580	5,050	6,820	29,890	56,830	10,800	3,660	6,860	6,010	59,390	88,590	1,520	3,370
Virginia	1,361,810	59,630	65,550	422,960	813,670	129,150	55,100	101,420	81,940	869,020	791,350	251,750	162,380
Washington	1,249,920	53,830	49,800	377,990	768,290	115,680	43,490	85,560	78,140	823,420	772,820	50,340	190,710
West Virginia	251,540	12,970	13,700	77,780	147,090	39,050	15,430	25,120	18,880	126,390	228,420	8,710	6,390
Wisconsin	898,050	46,680	46,910	285,880	518,580	90,740	40,700	70,400	63,390	539,230	694,570	62,330	78,870
Wyoming	89,510	6,100	5,200	26,070	52,140	8,850	4,140	7,300	6,970	50,940	74,110	780	9,860

Notes: Racial and ethnic group totals do not sum to the overall total because the group of women reporting other or multiple races is not shown separately, although it is included in the overall total. FPL=federal poverty level.

APPENDIX TABLE 1. Comparison of total numbers of women aged 15-49 and numbers of women in need of contraceptive services between the 2020 conventional need metric and the 2023 self-defined need metric by age, poverty status and race/ethnicity

Year	All women aged 15-49													
	Total	By age				By poverty status, % of FPL (among those 20-49)					By race/ethnicity			Women who likely need public support
		<18	18–19	20–29	30–49	<100%	100–137%	138–199%	200–249%	250+%	Non-Hispanic White	Non-Hispanic Black	Hispanic	
Total women														
2020	75,050,650	6,267,270	4,261,100	21,746,880	42,775,410	9,531,710	3,913,420	6,793,450	5,540,720	38,742,990	41,089,790	10,435,870	15,748,470	36,307,670
2023	75,905,650	6,479,310	4,299,530	21,526,820	43,599,980	9,254,580	3,771,730	6,753,320	5,400,500	39,946,670	40,538,340	10,557,300	16,634,860	35,958,980
% change in total women	1%	3%	1%	-1%	2%	-3%	-4%	-1%	-3%	3%	-1%	1%	6%	-1%
Women in need of contraceptive services														
2020 conventional need	44,912,770	1,604,440	2,675,570	17,438,010	23,194,750	5,602,680	2,348,080	4,196,330	3,290,020	25,195,650	24,519,010	6,343,440	9,368,030	19,717,120
2023 self-defined need	51,904,910	2,454,270	2,455,380	16,370,090	30,625,170	5,883,170	2,517,740	4,486,140	3,673,300	30,434,910	29,225,370	6,741,370	10,662,620	21,470,000
2020 % of total in need	60%	26%	63%	80%	54%	59%	60%	62%	59%	65%	60%	61%	59%	54%
2023 % of total in need	68%	38%	57%	76%	70%	64%	67%	66%	68%	76%	72%	64%	64%	60%
% change in women in need	16%	53%	-8%	-6%	32%	5%	7%	7%	12%	21%	19%	6%	14%	9%

Notes: Racial and ethnic group totals do not sum to the overall total because the group of women reporting other or multiple races is not shown separately, although it is included in the overall total. FPL=federal poverty level.

APPENDIX TABLE 2. Distribution of women according to self-defined need status and current contraceptive method status, National Survey of Family Growth, 2022–2023*

Current contraceptive method status based on the NSFG variable CONSTAT1	All women	Women with self-defined contraceptive need						Women with no self-defined contraceptive need	
		Total		Need due to current use†		Need due to recent or potential use‡			
Female sterilization	8,583,000	2,721,000	32%	835,000	10%	1,886,000	22%	5,863,000	68%
Partner sterilization	4,204,000	4,204,000	100%	4,204,000	100%	0	0%	0	0%
Reversible contraceptive method	27,862,000	27,862,000	100%	27,862,000	100%	0	0%	0	0%
Pregnant, Seeking, Postpartum	6,112,000	3,852,000	63%	425,000	7%	3,426,000	56%	2,261,000	37%
Sterile – female or male	5,303,000	3,020,000	57%	1,707,000	32%	1,313,000	25%	2,283,000	43%
Sexually experienced – not using a method	10,896,000	7,104,000	65%	0	0%	7,104,000	65%	3,792,000	35%
Never had intercourse – not using a method	11,975,000	2,299,000	19%	0	0%	2,299,000	19%	9,676,000	81%
Total	74,937,000	51,061,000	68%	35,033,000	47%	16,028,000	21%	23,876,000	32%

*Data are based on the National Survey of Family Growth, 2022–2023, and do not match exactly with the 2023 American Community Survey/US Census totals used for the full analysis.

†Current use of a reversible method or their partner's use of vasectomy as coded on CONSTAT1 or CONSTAT2 or CONSTAT3 or CONSTAT4.

‡Potential method use over one year based on:

- Use of a reversible contraceptive method during the prior 12 months, but not currently (METHX1-METHX192, depending on date of interview (CMINTVW))
- Receipt of a contraceptive service during the prior 12 months (BTHCON12, MEDTST12, BCCNS12, STEROP12, STCONS12, ECCNS12, or EMCON12)
- Desire to use a method, if she could use any method available and not worry about cost (NOCOST1 or NOCOST2)